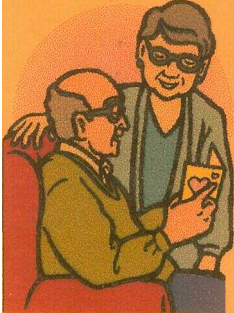


CAREGIVERS SUPPORT GROUPS

**St. Ann Healthcare Center
195 Dover Point Road • Dover, NH**



**Choose a morning
2nd and 4th Thursday of the month
10 a.m. to Noon
Beginning September 14,2006**

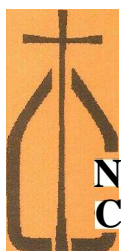
**Or an evening
1st Tuesday of the month
7 to 8:30 p.m.
Beginning October 3,2006**

The Caregivers Support Groups will be facilitated by New Hampshire Catholic Charities staff. The groups offer caregivers an opportunity to share their experiences of caring for a loved one whether at home, in the hospital, or in a nursing home environment.

Caregivers are young bringing up children and caring for parents. Caregivers are elderly hoping they will be able to stay together. Both wonder how long they can do it by themselves.

Sheila Cronin will facilitate the morning group and Sr. Helene Higgins will facilitate the evening group. Both facilitators hope to provide an atmosphere of openness fostered by mutual respect, spiritual nourishment, encouragement and educational information.

Contact Information
New Hampshire Catholic Charities
Rochester Office
603-332-7701



**New Hampshire
Catholic Charities**